



# cream...

VOLUME 1, ISSUE 11

OCTOBER 2006

artmilk's newsletter...an innovative portfolio of services and resources designed to inspire, inform, connect and challenge your creativity

## welcome to artmilk's cream

Hi Everyone,  
I hope you enjoy perusing 'cream' artmilks new format newsletter its fast becoming the heart-beat of artmilk .This edition brings you art announcements, exhibiting tips, new skills to consider, articles written by your peers plus lots more. Enjoy the extraordinary library of inspiration and pick up ideas that you can use in your own practice, magnify your skills and your creative inspiration! Please keep me posted re all your news, as I am always interested in hearing about your successes and endeavors and just basically what you are up to. If there are particular areas of

interested in hearing about your successes and endeavors and just basically what you are up to. If there are particular areas of interest that you would like included in this newsletter, or through artmilk, courses workshops etc, same goes, just drop me a line...So enjoy,

Majena Mafe

PS photos of past art workshops are now on the artmilk site, [www.artmilk.com.au](http://www.artmilk.com.au) and click news



### artmilk offers:

1:1 mentoring & phone mentoring

art classes and work - shops

art-tours here and overseas

professional development

networking

### Inside this issue:

|                            |   |
|----------------------------|---|
| Noosa Book Show            | 1 |
| Inspiring Artists          | 2 |
| Successes                  | 2 |
| Beijing artist's residency | 3 |
| Art resumes                | 4 |
| Artmilk workshops          | 5 |
| A bit of philosophy        | 5 |

### Special points of interest:

- Noosa's 10+Book Show
- Craft Queensland's Mentorship Grants
- Art Residency in Beijing China
- Workshop for November

## 10+Books Artists Book Show at Noosa



Noosa's Artists Book show has turned 10! A fabulous exhibition of artists books from all over, plus featuring Wim de Vos and Adele Outeridge's retrospective of book work. Books made from gelatin, paper Mache', and Perspex feature in the

September 22 to October 22 at the Noosa Regional Gallery. And....

YOU CAN TOUCH 'EM!!

Can you find the 13  
FREE Professional Secrets!!!  
Screts!.....

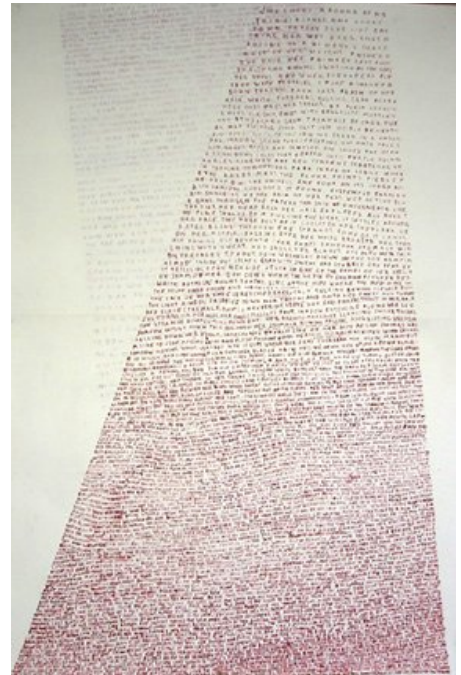


be inspired

play

## Inspiring artists and their words of wisdom

Much of **Fiona Banner's** work explores the problems and possibilities of written language. Her early work took the form of 'wordscapes' or 'still films' - blow-by blow accounts written in her own words of feature films, (whose subjects range from war to porn) or sequences of events. These pieces took the form of solid single blocks of text, often the same shape and size as a cinema screen. Banner's work encompasses sculpture, drawing and installation and text is still a the heart of her practice. She recently turned her attention to the idea of the classic, art-historical nude, observing a life model and transcribing the pose and form in a similar vein to her earlier transcription of films. Often using parts of military aircraft as the support for these descriptions, Banner juxtaposes the brutal and the sensual, performing an almost complete cycle of intimacy and alienation. image striptease 2005



## To inspire...on the subject of artists books

"I am always doing

Things I can't do...

that's how I get

to do them."

Picasso.

<http://www.colorplant.com/>

artnet/

<http://www.vrc.dundee.ac.uk/CAB/cab.htm>

<http://www.goshen.edu/~gwenjm/bookarts/brief1.htm>

<http://www.theinvisibleinc.org.au/>

NY Artists

<http://painternyc.blogspot.com/>

Fiona Banner

<http://www.frithstreetgallery.com/banner.html>

Women book makers

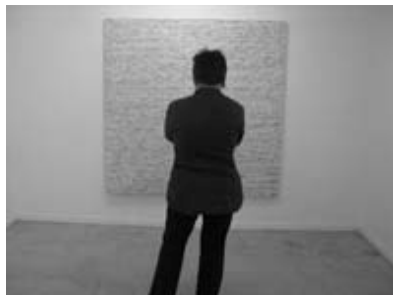
[http://www.wsworkshop.org/\\_art\\_book/artbook.htm](http://www.wsworkshop.org/_art_book/artbook.htm)

<http://www.artistsbooks.com/>

[http://colophon.com/literature/artists\\_book.html](http://colophon.com/literature/artists_book.html)

Grahame Galleries + Editions  
P.O. Box 515  
Paddington Qld 4064  
Australia

## Artmilk Artist's Successes... congratulations



Susan Buret

Susan Buret- Doggett Street Show Brisbane

Essa Jaske Show Sydney

10+Beyond Books Show Noosa

Helena Lloyd- Doggett Street Show Brisbane

Sunshine Coast Art Prize Exhibition

James Needham Walker- Red Gate Exhibition Beijing  
China

Pamela Scherf- 15 Artists Red Cliff Gallery Brisbane

Michelle Bland- 10+Beyond Books Show Noosa

Rosemary Penfold New Art Phoenix USA

# The Artists Journal - Beijing Studio Residency

## Coming up for Air

**James Needham Walker**

I've just completed my first artist in



My studio door— Beijing

residence program (AIR) - wow what an experience. My residency was through Red Gate Gallery, Beijing. The gallery director, Brian Wallace (an ex-pat Aussie) and his team provided support and information on Beijing's booming contemporary art scene.

My studio was located in an artist compound within a village precinct in Beijing's northern suburbs. Downstairs was a large work area, galley kitchen and compact bathroom, while upstairs included a landing with skylight and air conditioned bedroom. Also living in the compound were artists from around the world: China, Spain, France, Norway, Sweden, US, Taiwan, as well as a strong Aussie contingent. The location was perfect for me - peaceful enough to focus on work, exciting to be part of village life and a short 20 minute taxi or bus ride to Beijing's

astounding contemporary art district 798/Dashanzi (With over 100 galleries/art spaces I was exposed to a broad range of work and could have attended an opening every day.)

I found being in a 'foreign' environment extremely stimulating for all the senses - I felt like a kid in a candy shop! In fact the local markets were an installation artists' paradise.

Sure, the language barrier was a challenge but it caused more laughs than dramas and it's amazing how far you can get on sign language and a smile.

Regular artist dinners and BBQ's provided an opportunity to discuss our work, share ideas and receive feedback.

be creative

explore

But it wasn't all 'beer and skittles'. In the month I was there I was able to conceptualize, create and stage my work in a solo exhibition (pew).

So what has the residency program done for me? Its encouraged me to consider my work in a broader world context, given me the confidence to think big and fight off those self-limiting doubts, massively increase my circle of 'art mates', enhanced my portfolio and c.v., impacted my art practice in a profound way and put a fire in my belly to search for the next challenge.

For more info on Redgate residencies contact

<http://www.redgategallery.com/>

Artist Residencies can be a wonderful way to focus on your work, get inspired and make contact with other artists look up [www.resarts.com](http://www.resarts.com) for more info on residencies in general.



"I never decided at all to be an artist; being an artist seems to have happened to me."  
Anne Truitt

## the importance of play

As part of what I teach at artmilk, I am always suggesting to people that they open up to the experience of playing more...much much more than they were thinking! Playing with materials, ideas and possibilities, playing with who they thought they were and with their ideas of what art can be...Creativity is all about being open to flow, to the possibilities of a new idea!

A new thought! A new way of working! A new art! Play does not focus on the outcome, or ideas of a 'correct' way to proceed. It often involves a delicious mess. It is not interested in technique as the sole approach to making, but includes other layers of who we are as people...It is not very interested either in what others think of our

play...play is a free space. Most adults seem to have forgotten that play is vitally



## Call for applications - Mentorship Grant...



### Mentorship Grant Emerging Craftsperson/ designer-makers...

Craft Queensland has announced a call for applications for the Mentorship Grant for Emerging craftsperson/designer-maker/artist for 2006.

The mentorship grant enables the mentoree to work with an established mentor for a three-month period.

Note: Regional applicants are encouraged to call and discuss the briefing to ensure they have all the relevant information.

Funds of \$7,200 (ex GST) will go towards the emerging craftsperson/designer-maker's living and working expenses during the mentorship, and \$1,800 (ex GST) will be paid to the mentor.

The three-month mentorship period will commence from Friday 1 December 2006 and must conclude by Friday 30 March 2007.

Applications close 5 pm  
Monday 13 November 2006.

An independent selection panel will review the applicants. Download the application form online.

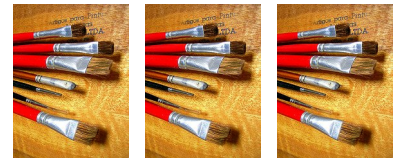
For further enquiries Please contact Craft Queensland  
381 Brunswick St  
Fortitude Valley Qld 4006  
+61 7 3215 0800  
craft@craftqld.com.au

*If you follow your bliss, you put yourself on a kind of track, which has been there all the while, waiting for you, and the life that you ought to be living is the one you are living*

*Joseph Campbell*

## Art Resumes:

### What should they look like?



Art resumes are very different from your job resume. It is best to have your resume on a computer that way you can change/ easily update it. ALL resumes should be easy to read with no typos!! Don't forget contact information.

Resumes should be consistent in the way they are set up. Keep plenty of white space around your text so its easy to read. Usually an art resume is two page to three pages in length. You might want to keep an all encompassing resume on their computer that way you can cut and paste the info easier on to new resumes.

Your education should come first on your art resume, followed by your exhibitions/ performances /published works (ie depends on what your discipline is!). Galleries are mainly interested in tertiary education, don't fill the resume

with lots of workshops unless they were vitally important. Next exhibitions solo and group shows...What comes next depends on your accomplishments: awards, collections your work is in, residencies, reviews, publications, related work experience, lectures you have given, etc. but keep this to the point its often much better put in a biography... (more about that follows next month)

If you have countless exhibitions- you may want to break it down to selected exhibitions or by category- one person/solo shows, group shows, invitational shows, juried shows, etc.

If you have a limited exhibitions you may want to put all the exhibitions under the heading exhibitions and denote what they were (juried, invitational, etc.). If you have had a substantial one person show, you may want to put it in it

own category!

Arrange the info on your resume chronologically- the most recent info/accomplishment first. Start looking at other artist's resumes and ask for copies to use as examples.

Don't panic if its short that just indicates its time to book that next show...

Print it out on very white paper, no fancy borders... number your pages if it is 2 or 3 pages long.

## Artmilk November Art Workshops



creating plaster panels will be taught-enabling you to create beautiful icons.\$290 (includes some materials)

expressive approaches to create mediums, beautiful surfaces and works.\$290 (includes some materials)

be creative

### Traditional Materials & Techniques

25-26 Nov 9.30-4.00

Traditional and contemporary techniques and materials , oil, acrylic watercolor, you will be taught how to make your own mediums and varnishes, prepare a canvas, make your own gesso etc.\$290 (includes some materials)

Please phone 33531741 or [info@artmilk.com.au](mailto:info@artmilk.com.au) to book

### Icon and Gold Leaf Painting

4-5 Nov 9.30-4.00

Using contemporary and traditional images, and skills but medieval traditional painting materials, the ancient art of egg-tempera, and gold-leaf and

### Mixed Media Artist's Techniques

18-19 Nov 9.30-4.00

A wide variety of contemporary approaches for art making including wax, bitchman paint and collage are employed with

*Life shrinks or*

*expands in proportion*

*to ones courage*

*Anais Nin*

## THE CREATIVE INSIGHTS OF HERACLITUS

- 1 The cosmos speaks in Patterns.
- 2 Expect the unexpected, or you won't find it.
- 3 Everything flows.
- 4 You can't step into the same river twice.
- 5 That which opposes produces a benefit.
- 6 A wonderful harmony is created when we join together the seemingly unconnected.
- 7 If all things turned to smoke, the nose would become the discerning organ.
- 8 The Sun will not exceed its limits, because the avenging Furies, ministers of justice, would find out.
- 9 Lovers of wisdom must open their minds to very many things.
- 10 I searched into myself.
- 11 Knowing many things doesn't teach insight.
- 12 Many fail to grasp what's right in the palm of their hand.
- 13 When there is no sun, we can see the evening stars.
- 14 The most beautiful order is a heap of sweepings piled up at random.
- 15 Things love to conceal their true nature.
- 16 Those who approach life like a child playing a game, moving and pushing pieces, possess the power of kings.

Heraclitus is an early Greek philosopher whose wisdom is interesting to think of in terms of creativity...



**artmilk**

The Studio  
25 Nicholas Street McDowall

Phone: 07-33531741  
E-mail: [info@artmilk.com.au](mailto:info@artmilk.com.au)  
Web [www.artmilk.com.au](http://www.artmilk.com.au)

Inspiring supporting advocating  
and promoting artists, art-making  
and creativity



To subscribe or for further info contact majena mafe at [info@artmilk.com.au](mailto:info@artmilk.com.au)

**new subscribers:** artmilk is an innovative arts program and portfolio of services for creative artists and writers and indeed anyone interested in growing and generating their creative development. Artmilk's services include mentoring, workshops and classes, and art tours. As an aside artmilk supports, encourages and helps build artists networks and communities.

Majena Mafe (BA VArt Hon. MFA VArt.), the founder of artmilk is a visual artist, and performer, poet and writer, art and writing teacher, art-therapist, mentor, career coach and artists advocate (pew) - a gal with a broad area of interests that circle round creativity, passion and wonder.

'... a quote I heard years ago by Albert Einstein ... 'if you can't stand and look out in wonder, than you're as good as dead...' has been my personal touchstone and inspiration, getting me motivated to do all sorts of things in pursuit of that delight of wonder in my own life and facilitating and instigating it in the lives of others! Through my teaching I have worked with thousands of artists and creative individuals helping them find their way. I travel nationally and internationally, mentoring, teaching and giving workshops on a wide range of art and creativity related areas. My passion is the wonder found in creativity. I help people take control of their creative lives and careers, showing them how to flourish and prosper'...

FOR UP COMING ART NEWS AND WORKSHOPS LOOK UP [www.artmilk.com.au](http://www.artmilk.com.au) and click on the NEWS BUTTON!!

## artmilk mentoring 1:1 and phone consultations

artmilk mentoring is a unique service that assists artists to focus and develop their creative practices, solve problems they might be having both technical or conceptual, prepare portfolios, artist statements and other support material, for a professional profile, and offers support and advice in the process of obtaining gallery representation, applying for grants and scholarships, working with dealers and developing short and long term artistic goals. Mentoring for artists is a very efficient tool for



those seeking professional creative development and launching rich artistic careers. artmilk also offers a portfolio of other art resources. You can find out more about artmilk mentoring by

phoning Majena Mafe on 33531741 or email [info@artsmilk.com](mailto:info@artsmilk.com). You might like to Visit [www.artmilk.com.au](http://www.artmilk.com.au) for more info...click on mentoring